

09 April 2015  
Issue 27

# Swinton Village Action Group



## Inside this issue:

Articles	1
News & Letters From the Editor	1-2
Articles	2-3
Police Box	4
Parish Council	5
Club and Community Groups News	6-8



Colour copies of the newsletter are available on the Parish Website.

Swinton Parish Website is available on the following link. <http://swinton.btck.co.uk/>

### To Advertise

Contact Swinton News Letter by email. [Swinton.newsletter@gmail.com](mailto:Swinton.newsletter@gmail.com)

Or Tel: 01653 697921  
Business Adverts Cost £10 per row or £30 for a full page advert, payable in advance.  
Public For Sale Notices Cost £1

The Newsletter reserves the right to refuse or amend any advertisement or submission and accepts no liability for any omission or inaccuracy.

## cPAD For Swinton Village ?

What is a community public access defibrillator or cPAD?



Community Public Access Defibrillators (cPADs) is an automated defibrillator in outdoor cabinet, which is available 24 hours a day every day of the year. The concept allows life saving equipment to be available to anyone whenever when a cardiac arrest is suspected. cPADs are stored in secure, weatherproof cabinets on the outside of buildings, such as a post office or village hall. The life-saving defibrillators (AEDs) can be clearly identified by their prominent cabinets, which are keypad locked for security.

In the event of an emergency a person dials 999 for an ambulance. The operator assesses the situation and, if appropriate, provides the caller with the combination code to access the cPAD.

The operator will only release the code if a cardiac arrest is suspected and there is a second person on scene that can retrieve the defibrillator from the cabinet.

The operator will remain on the telephone to support the caller through hands only resuscitation and defibrillation until medical help arrives on scene. The scheme operates in partnership with Yorkshire Ambulance Service.

The ambulance service records the cabinet location and access code in its control room, so that operators can enable members of the gen-

eral public, responding to a suspected cardiac arrest, to access the defibrillator 24 hours a day.

In villages and towns where Community First Responder Scheme already exists, the cPAD cabinet scheme is intended to enhance and compliment their service provision.

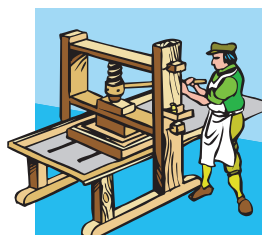
Yorkshire Ambulance Service Charitable Fund is currently working on helping local groups and associations who are fundraising for the provision of De-fibs across the region. The two biggest advantages of working with us are that firstly we, as a registered charity purchasing medical equipment, do not have to pay VAT, therefore saving you a substantial amount of money, and secondly that we are willing to offer two hours basic life saving skills training for up to twelve people.

Should you wish to make a donation to our fund, we would then make the purchase on your behalf, the cost(s) being £750 for the defib and a further £520 should you wish to house this externally allowing 24hour access for members of the public in the local community, and potentially the ability to save more lives.

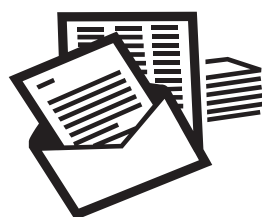
In both cases, the charitable fund arrange a suitable time for the training and present you with the equipment at that time which then becomes solely your property and responsibility.

The fixing of a Public access defib on an outside wall is a very straight forward one which does not require an expert workman but does need to be close to an internal electricity supply the running cost being approx. £3 per quarter. Details of the unit are then input into our system and at the point that someone makes a call to the Ambulance Service, we are then able to point them to the defib where appropriate.

Comments please to [swinton.newsletter@gmail.com](mailto:swinton.newsletter@gmail.com)



Editorial



Letters

#### Letters Policy:

We reserve the right not to publish any letter. Senders must supply their name and address and be prepared to have them published. The Newsletter does not necessarily agree with any of the views expressed on these pages.

## Editorial

### Village Plan

#### UPDATING THE VILLAGE PLAN

What would you like to see in the Swinton next 5 years?

Do we need more housing?

Activities suitable for 11-18 year olds?

A new questionnaire will be sent to every house and the plan drawn up from the answers.

Have your say in preparing the new Village Plan.

The updated plan will be produced by a new Steering Group. The Group needs to be separate from SVAG and the Parish Council but will have up to two representatives of the Parish Council as committee members.

The original plan led to the

The Village Newsletter

The Village Bonfire

Childrens events

Social events run by SVAG such as Treasure Hunt, Fete and Open Gardens

If you'd like to be involved in preparing the questionnaire and writing the updated plan please come to a meeting in the Reading Rooms on TBC or contact [janet.bailey.jay@btinternet.com](mailto:janet.bailey.jay@btinternet.com) Tel 01653-693638

If you've recently moved into the village and would like to see the existing plan contact me.

#### Deadline for response

**11th May 2015**

## Letters And News



Swinton Playgroup has been established for more than 30 years with a motto of "learning through play". It offers a fun and varied environment for children at the very beginning of their education.

The Playgroup, which runs during school term time, operates from the reading rooms, Swinton.

Access to a large outdoor play area is encouraged whatever the weather and is often requested even when wellies and waterproofs are required!

As we are a registered charity we hold regular fund raising events.

On 3rd May 10am-2pm we are holding a table top/car boot sale at Amotherby village hall. Tables and car boot pitches are £5 (advanced booking is been taken to secure places) Refreshments will be available. Cake donations great fully received. Please contact Lucy on 07962188649 or Angela on 01653 628996

We are also selling "diary dates" at £1 each.

1st prize = wheelbarrow & accessories

2nd prize = garden spade & fork

3rd prize = garden fork, snips etc

The diary is available at Playgroup and it will be at the table top sale on 3rd may.

There is also a bags to school collection on 6th may. Any unwanted clothes, shoes may be left in bags outside the reading rooms for 9AM please.

Playgroup currently has available spaces for 2 & 3 year old funded & non funded children.

We are open Tuesday-Thursday 9am-3pm

Contact us on 01653 695020 or 07879834975

Or please look at our new Facebook page

## Letters And News

### Dog Fouling and Dog Attack

A incident where one Dog attacked another whilst in the Swinton Grange footpath area has been reported.

Please be aware of the Law governing such incidents.

#### 1. Overview

It's against the law to let a dog be dangerously out of control anywhere, eg: in a public place, or in a private place, (eg a neighbour's house or garden) or in the owner's home. The law applies to all dogs.

#### 2. What is Out of control

Your dog is considered dangerously out of control if it, Injures someone or makes someone worried that it might injure them.

A court could also decide that

your dog is dangerously out of control if, it injures someone's animal, or the owner of the animal thinks they could be injured if they tried to stop your dog attacking their animal.

#### A farmer is allowed to kill your dog if it's worrying their livestock.

#### 3. Penalties

You can be fined up to £20,000 or sent to prison for up to 6 months (or both) if your dog is dangerously out of control.

You may not be allowed to own a dog in the future and your dog may be destroyed.

If you let your dog injure someone you can be sent to prison for up to 5 years or fined (or both).

If you deliberately use your dog to injure someone you could be charged with 'malicious

wounding'.

If you allow your dog to kill someone you can be sent to prison for up to 14 years or get an unlimited fine (or both).

If you allow your dog to injure a guide dog you can be sent to prison for up to 3 years or fined (or both)

Some types of dogs are banned. If you are not sure follow the Web link below.

<https://www.gov.uk/control-dog-public/banned-dogs>

For more information. Go to the Web link below.

<https://www.gov.uk/control-dog-public>

Swinton Grange path has also been reported as overflowing with Dog Fouling. Remember Bag it and Bin it into one of the Dog Bins.

### Bus service 194

Please note that timetable dated February 2015 is incorrect. It routes the 10:10am along Main Street not down West Street.

After notifying Dianne Pottage

Integrated Passenger Transport North Yorkshire County Council of this fact, the operator, Stephensons of Easingwold, has today amended their timetable which will shortly be posted on both websites and also in the

relevant timetable cases.

<http://www.northyorkstravel.info/timetable/194apr.pdf>

Editor.



Service 194

### Swinton Village Action Group Coming Events

#### Saturday 11 July

Children's Fun Day in the Playground at Bowling Club

#### October date tba

Harvest Festival, more details later. To discuss with Pub

#### October 31<sup>st</sup> 6 pm

Halloween Bonfire Night, Fireworks and BBQ at the BSA Sports Centre

#### December

Senior Citizen's Lunch, more details later. To Discuss with Pub

### Extracts from Meeting held on 7th March 2015

Open Gardens. Glyn had volunteered to organise. The Committee were split as to whether to join with Amotherby or have as a Swinton event.

Route around left people walking up a steep hill at end, could be counteracted by having teas in gardens. Is the date suggested the 28<sup>th</sup> June the best for all the people willing to open gardens?

It was Suggested we could combine with Scarecrow event.

Summer event. Daphne reported The Parish Council Playground Committee have accepted our offer of £500 and have arranged it for 11 July. They have booked a portable skate park, a bouncy castle, a circus act and other attractions.

Xmas disco if we can get a organiser and venue.

Car boot or Garage sales. No response from Newsletter. Michelle suggested a toy exchange or toy sale. Article to go in newsletter suggesting toy event.



#### How to Contact Us

In an emergency always call 999.

To report crime or anti-social behaviour call our non emergency number on 101 or Email: [ryedalesnt@northyorkshire.pnn.police.uk](mailto:ryedalesnt@northyorkshire.pnn.police.uk)

Community Policing

Crime Stoppers on

**0800 555 111**

For information on the New Operational Policing Model, North Yorkshire Police.

Follow the link below

[www.northyorkshire.police.uk/opm](http://www.northyorkshire.police.uk/opm)

## Police Box. Community Police News

### REQUEST FOR POLICE ASSISTANCE

This notice is in respect of a number of crimes which North Yorkshire Police are investigating.

#### Suspicious Activity

A barn full of straw was set alight causing thousands of pounds worth of damage. This was in an isolated rural location near Sand Hutton and Claxton. Please be vigilant and report to police immediately if people are seen on land or acting suspiciously.

At approximately 2 pm on 13th March a red old style Land Rover Discovery (pre 2001) was seen on land in Hawaby, near Helmsley and unknown person attempting to steal a trailer.

Observations are requested for suspicious persons coldcalling believed to be selling fish, driving silver van LH02COD

Observations are requested for sightings of a silver 5 door Skoda Fabia used by 2 men and possibly registered between 2001 and 2007 believed to be involved in recent vehicle crime of small vans in Ryedale.

On Saturday 3 January 2015, Borderwatch volunteers attended land near East Cowton and witnessed lamping in various fields belonging to different landowners. Two men were seen leaving one of the fields with lurcher type dogs and a powerful lamp and battery. As a result two men have been convicted of poaching.

#### Scams

Warning after bogus police phone scam. Police in North

Yorkshire are warning people not to be taken in by common making phone calls about bank fraud and claiming to be police officers. The warning comes after a member of the public from Ripon took a call from a man claiming to be a detective who was investigating a fraud on their bank account and asked for bank account details including Personal Identification Numbers (PIN). He asked them to call back on the police non emergency number 101, to verify his identity. The victim's phone call to 101 then appeared to be re-routed back to the suspects who held their line open. Thankfully, in this instance, the intended victims did the right thing and did not give any bank details over the phone. They became suspicious of the caller and reported the incident to the police.

North Yorkshire Police are warning members of the public not to be taken in by this scam. A police officer will never, ever ask for your bank account security details.

Please don't ever give your bank account details to anyone who calls you out of the blue. Please also wait at least five minutes and ensure you have a dialling tone before you make another call from your phone.

#### Police warning after legal traps damaged

Police are urging members of the public not to interfere with wildlife traps in rural areas, after a number of legal traps were damaged on the North York Moors.

Legal traps play an important part in reducing predation of eggs and chicks of ground nest-

ing birds such as lapwings, curlews and grouse. Traps such as cage traps, Larsen traps and ladder traps contain a live bird of a "pest species", which attracts other similar birds that enter the trap and cannot escape. The "pest species" list includes crows, magpies, jays and rooks, and is maintained by the Department for Environment, Food and Rural Affairs. These traps are legal to use, as long as certain criteria are met. The trap must contain a perch for the bird, water and food. The trap must be checked at least once each day, and any birds or animals not on the pest species list must be released unharmed.

It is important that legal traps are not interfered with, as they play a part in reducing the predation of eggs and chicks of ground nesting birds such as lapwings, curlews and grouse.

#### Quad Bike Thefts

Quad bike owners are being urged to take extra steps to protect their vehicles, after a number of thefts in the Selby area in recent months.

Three quad bikes have been stolen from rural parts of Selby district in the last four months, in Camblesforth, Church Fenton and Escrick. Quad bikes have also been taken from rural areas elsewhere in the county, including Kirkbymoorside and Whitby, over the same period.

People are urged to:

Avoid leaving quad bikes running unattended.

Consider property identification, many quad bikes are unregistered and therefore not easily identifiable.

Click on the link below for **Swinton Incidents** or paste the link below into your web browser. [www.police.uk/crime/?q=Swinton%2C+North+Yorkshire+YO17+6SH%2C+UK#crimetypes/2013-04](http://www.police.uk/crime/?q=Swinton%2C+North+Yorkshire+YO17+6SH%2C+UK#crimetypes/2013-04)



## *Parish Council Minutes Held on Wednesday 8th April 2015*

MINUTES of Swinton Parish Council Meeting held on Wednesday 8 April 2015, 7.15pm in The Reading Rooms, Swinton.

### **Present.**

Present: Cllr P Powell  
Cllr P Cuthbertson (Chair)  
Cllr M Fenwick  
Cllr R Davies (Vice Chair)  
Gail Cook (Clerk)

### **Apologies for Absence.**

Cllr V Farrow & Cllr R Harrison

### **Election of Chairman and Vice Chairman**

Chairman would like to thank Members of the Parish Council for their help and support over my tenure of office, we have had some achievements which is down to everyone. Special thanks to the Clerk for her help and support.

The Clerk asked for nominations for Chairman. Councillor Powell proposed Councillor Cuthbertson to stand as Chairman and this was seconded by Councillor Fenwick.  
Councillor Cuthbertson accepted this position and was duly elected as Chairman of Swinton Parish Council.

The Clerk asked for nominations for Vice Chairman. Councillor Fenwick proposed Councillor Davies, which was seconded by Councillor Cllr Powell.  
Councillor Davies accepted this position and was duly elected as Vice Chairman of Swinton Parish Council.

### **Minutes of the last meeting.**

The minutes of the last meeting were taken as read and signed by the Chairman as being a true and accurate record.

### **Presentation of Accounts**

The Clerk presented the accounts for the 2014/15 financial year.  
Councillor Fenwick proposed that the accounts be accepted as being a true record, which was seconded by Councillor Cuthbertson.

### **Matters Arising.**

#### **NYCC Highways**

The Clerk has sent an email with the photos attached regarding the dreadful workmanship of the pot hole repairs to

Neil Jefferson, NYCC Highways.

ACTION: Chairman & Clerk to speak to Neil regarding this.

#### **Swinton Parish Council Workshops**

All payments for the rental of the workshops are up to date.

ACTION: Cllr Harrison to continue liaising with the contractor regarding repairs.

#### **Street Lighting Faults**

None

#### **Swinton In Bloom**

The tubs are to be replanted and the bus shelter planters to go up this week.

ACTION: Clerk to arrangement reimbursement out of In Bloom Account.

#### **Grit Bins**

The grit bins will be cleaned out later in the year and we will arrange for a delivery of a tonne bag in July/August time.  
The Chairman still has four bags at home.

#### **Litter Bin Repair**

Cllr Davies to arrange for the painting of the bin on Swinton Grange Lane.

#### **Fun Day**

Clerk to complete the poster and tickets  
Thank you to John Coffey for the offer to pay for the children's drinks.

ACTION: Cllr Victoria Farrow to confirm whether or not the bouncy castle is available and if not book one.

#### **Sponsored Walk**

The 6 mile sponsored walk will take place on Sunday 16 August 2015, meeting at The Blacksmiths Arms Pub (time to be agreed) to raise funds for new equipment at the play area. (£5 per family).  
All agreed to discuss route competition ideas at next meeting.

ACTION: Clerk to bring a draft poster to the next meeting requesting marshals for the event.

ACTION: Cllr Davies to arrange for a map of the walk.

#### **Grass Cutting**

Clerk has received correspondence from NYCC Highways regarding the changes to the Highway Grass Cutting Service

from March 2015.

ACTION: Clerk to complete proforma confirming we would like to opt out of the NYCC grass cutting and claim the £171.39 in September 2015.

ACTION: Clerk to contact Brian Clifford to confirm that the first cut in early May and one monthly cuts thereafter.

ACTION: Chairman to liaise with Cllr Farrow regarding signs for sponsored grass cuts.

#### **Correspondence**

RDC Notice of Election on Thursday 7th May 2015.

N Power Electricity Meter Safety Inspection.

#### **NYCC Planning Applications**

None.

#### **Any Other Business**

YLCA Membership £186.00  
Cheque No: 100702

NYCC Street Lighting Energy £1,074.97  
Cheque No: 100704

#### **Date Of Next Meeting**

This would be held on Wednesday 13th May 2015, 7.15pm.  
There being no further business the meeting was closed at 8.30pm.

### *Amotherby Hall*

#### **Amotherby Hall**

Nothing much to report from the Parish Hall except the tarmacing of the top half of the car park has been completed,

thanks to RDC for a grant towards it & Mr Skeet for the work.

A quiz night & hopefully Open Gardens are in the pipeline, but

no dates set as yet.

There will be an old time & sequence dance with "Nightowl" on May 29th.

Nige

### *The Blacksmiths Arms Update*

The Blacksmiths Arms has now been reopened for over two months, with new hours, the pub is open all day every day, food is served 12 noon until 8.30pm.

A reputation for great quality food and drinks at good value prices is quickly growing so booking is often advisable.

As we head into Spring and Summer the menu will feature lots of seasonal flavours as well as classic pub favourites.

The beer garden is currently undergoing a revamp ready for the warmer weather, but on those chilly days the brand new log burner will keep you toasty.

A Quiz night on alternative Thursdays has been a success and will continue.

Upcoming quiz night dates are:

Thurs 23rd April

Thurs 7th may

Thurs 21st May

Thurs 4th June

To find out more telephone 01653 228 140 or Email [blacksmiths.swinton@gmail.com](mailto:blacksmiths.swinton@gmail.com),

Web Site below.

[www.blacksmiths.swinton.co.uk](http://www.blacksmiths.swinton.co.uk)

You can also follow us on Twitter @marciaandjohn or find us on Facebook to keep up to date and see photos.

Thanks very much  
Marcia and John



### *Broughton, Swinton And Amotherby Sports Centre*

#### **Sports England Inspired Facilities.**

A bid for funding to upgrade the existing lights with a LED system, Replace the existing Hall LPG heater and to install Solar panels has been submitted. All applications will be

scrutinised during February and March, Now Awaiting result of bid.

#### **Access Road**

No updates available.

For more information or to Book the Facilities inside or

outdoor Pitches

Tel: after 7pm. 01653 690807

Or Contact:

Derek Cuthbertson

Tel: 01653690807

Email [swinton.bsa@gmail.com](mailto:swinton.bsa@gmail.com)

Contributed by R Good



BSA Sports Centre

### *Swinton and District Excelsior Band*

The 'summer season' seems to start earlier every year. Starting with two engagements in April we are busy rehearsing a whole new programme of music which we will be using at our many concerts throughout the summer.

Our first job is the St Georges Day parade in Norton on Friday 24th April when we will lead the parade of Scouts and Guides from Norton college to St Peters church where there will be a service followed by a march back to the college. The parade is due to set off at approx. 6. 20pm.

The following evening we will be at Welburn village hall for a concert of music from stage and screen to raise funds for the village hall. Tickets are available at £8.00 from Elaine on 01653 619276, or Sylvia on 01653 619764. There will be a bar and you can take your own snacks and nibbles. We have welcomed two new members to the band recently but we still need an experienced bass tuba player, and we are always looking to find new members for our training band. It is free to join the band with no subscriptions and we offer

free tuition, free instrument and uniform loan and free fun. So if you think learning to play an instrument is too expensive then think again and contact Steve or Tracey on 01653 696417.

If you are an experienced player, total beginner or someone who has played in the past and fancy taking it up again we will always be pleased to see you.

You can check us out on [www.swinton-band.org](http://www.swinton-band.org) or on our facebook page.

Steven Popham



Swinton Brass Band

## BSA Short Mat Bowls Club

Indoor Short Mat Bowls Club are based in the BSA centre.

We have two teams who play regular games in the Scarborough League.

After a season of non consistent results our final league positions were as follows.

“A” Team secured a further year in the Second Division, finishing in 7th Place, and our

“B” Team finishing in 6th position in the Third Division.

Most of our players will now switch to outdoor Flat Green Bowling.

The first Game will be a Bata Gas Triples on Friday 1st May at 7pm at Swinton Bowling Green, when our opponents are Wigginton.

Followed by a veterans League Game on Wednesday 6th May

at 2pm, when our opponents are Slingsby.

For More Information contact Matt Fenwick 01653 694640



Short Mat Bowls



Flat Green Bowls

## Swinton And District Horticultural Society

### April

Sunshine and showers

Spring is finally in evidence as daffodils and flowering trees start to bloom.

Expect the inevitable April showers this month but with sunny days too, when you can turn your attention to the lawn. It's an exciting month, with indoor-sown seeds well into growth, and it's also time to

start sowing outdoors. Just watch out for frosts.

Top 10 jobs this month

1 Keep weeds under control

2 Protect fruit blossom from late frosts

3 Tie in climbing and rambling roses

4 Sow hardy annuals and herb seeds

5 Start to feed citrus plants

6 Increase the water given to houseplants

7 Feed hungry shrubs and roses

8 Sow new lawns or repair bare patches

9 Prune fig trees

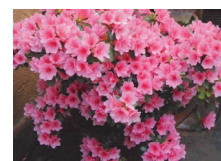
10 Divide bamboos and waterlilies

Rainfall Recorded in Swinton.  
February 35.5 ml  
March 38 ml

### April Colours



Acer



Azalea

## Swinton Reading Room And Community Hall

We have recently had a new roof fitted to the snooker room. The old corrugated iron was removed and replaced with the



material normally used for flat roof areas. The work was carried out by the Malton and Pickering Flat Roof Company with minimum fuss and the whole work area

was left clear and tidy. Have a look especially if you are considering options for roofing. This has depleted funds, but



we still aim to provide an affordable facility within the village for the benefit of all. **Beetle Drive**  
The Beetle drive was held on Friday 20th March at the

Reading Rooms. We had 6 tables playing and despite low numbers, the evening was fun and a few new faces joined the madness. Overall winner was Charlie Bennett. Scariest Beetle Grace Vasey. Funniest Beetle Chantel Farrow. Booby Prize Jessica Farrow.

We raised £43 towards the summer fun day later in the year. Thanks to all those who donated and helped on the day. Dianne tel no 697548



Swinton Reading Room And Community Hall



## Swinton Open Gardens

### Swinton Open Gardens 2015



We are trying to organise another open gardens event in Swinton at the end of June.

This may also include a



treasure hunt for the youngsters?

A few people have signed up

but we need more.

If you are interested contact:

Glyn Wild on 696748 asap

Thanks Glyn

## Carers Support Spring Roadshow

### Can you spare an hour or two a week or fortnight to make someone smile?

Local charities that support carers in the area are working in partnership to deliver a roadshow of drop in sessions next month.

Ryedale Carers Support, Scarborough Support for Carers and Caring Together Whitby will be running their first ever spring roadshow from 13<sup>th</sup> to 24<sup>th</sup> April.

The partnership's Volunteer Champion, Sarah Lally-Marley will be stopping at local libraries and community venues across the three districts as well as joining the Super Mobile Library to reach the more rural areas.

"The aim of the roadshow is to raise awareness of the free services that we provide to those who care for a partner or family member and talk to potential volunteers who could help us to ensure that we continue to grow our valued sitting services and support groups," says Sarah.

The charities are looking for volunteers of all ages and varied experiences to sit with older people to enable their partner or family carer to have a little time for themselves. Volun-

teers would not undertake any lifting or provide any medical or personal care and travel expenses are met by the charities.

"We are simply looking for caring, reliable people who can provide friendly and supportive company and we are hoping that our spring roadshow will provide an opportunity for us to get out there and talk to people, both carers and potential volunteers who would like to know more about us and the work that we do."

Anyone interested in finding out more about the services the charities provide and the volunteering opportunities available is being asked to go along to one of the stops on their roadshow.

### Roadshow dates:

**Thursday 16th April**  
**2.30-4.30pm**

**Goathland Village Hall**

**Friday 17th April**  
**10am -12 noon**

**Mobile Library,**  
**Sheriff Hutton**

**Monday 20th April**  
**10am-12 noon**  
**Scalby Library**

**Monday 20th April**  
**2-4pm**

**Mobile Library,**  
**Sherburn**

**Thursday 23rd April**  
**2-4pm Mobile Library,**  
**Castleton**

**Thursday 23rd April**  
**5-7pm Mobile library,**  
**Staithes**

**Friday 24th April**  
**10am -12 noon**  
**Helmsley Library**

**Friday 24th April**  
**1-3pm**  
**Derwent Valley Bridge**  
**Community Library, Ayton**

Further information about volunteering with the charities and the free support they provide to carers can also be found on their websites or by contacting them on the numbers below:

**Ryedale Carers Support**  
01751 432288  
[www.ryedalecarers.org.uk](http://www.ryedalecarers.org.uk)

**Support for Carers Scarborough** 01723 364808  
[www.scarboroughsupportforcarrers.org](http://www.scarboroughsupportforcarrers.org)

**Caring Together Whitby**  
01947 605757  
[www.caringtogetherwhitbyanddistrict.org](http://www.caringtogetherwhitbyanddistrict.org)

